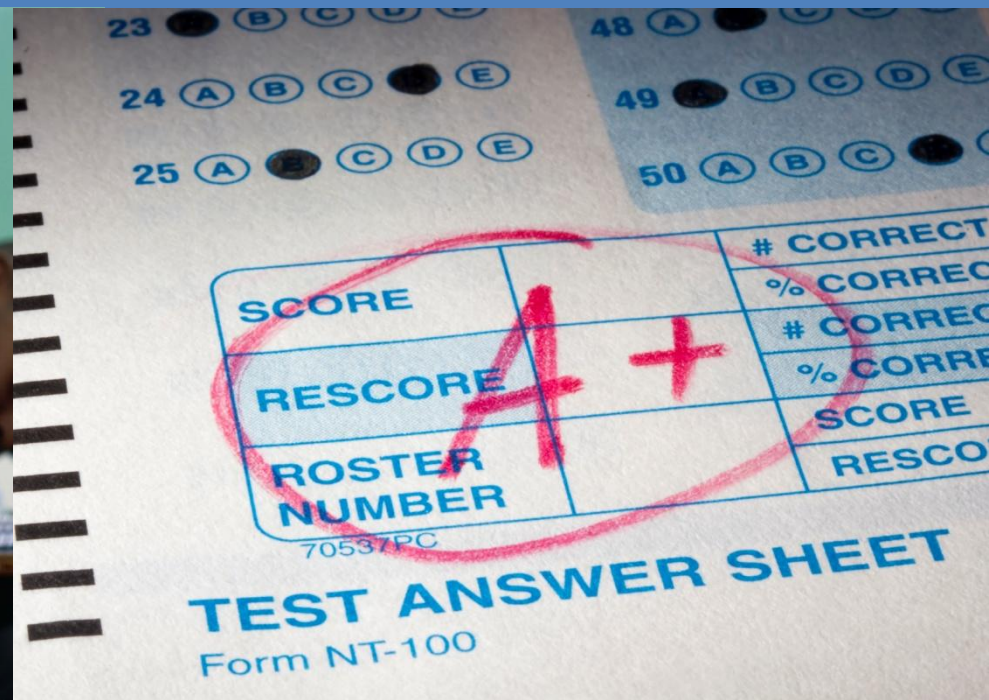


# SHOW WHAT YOU KNOW!



Test-taking tips and reminders for your best scores ever.

# WHY DO WE TAKE THE TEST?

We take standardized tests...

1. to show how much you are **learning**.
2. to show how much more **growth** you could make – that's exciting!
3. to show if you know the **material that is on the test**.

# THE TEST DOES NOT SHOW...

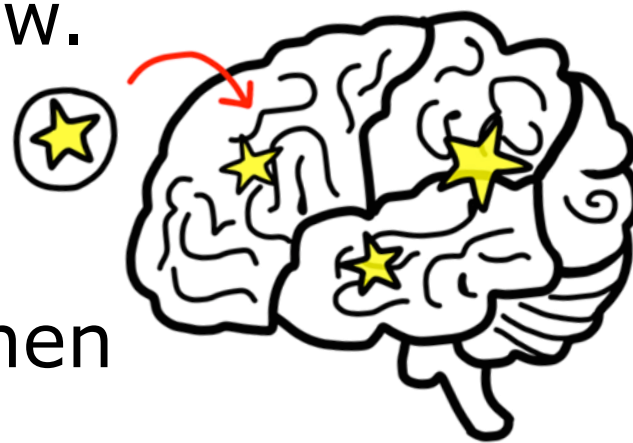
- 🧠 how smart you are. **That test would be *really* long!**
- 🧠 your potential. **No test can measure that!**
- 🧠 if you will ever know the material on the test. **You should be a life-long learner!**

**IT IS A SNAPSHOT IN TIME!**

# RELAX, FOCUS, USE YOUR BEST EFFORT

This is a great chance to dig in  
and find out what you know.

Then use the information when  
you get your test back to  
**GROW!**



# TIPS FOR THE TEACHER

**The Purpose of the Test** (10 min) Remind students that the test is an opportunity to show what they know and have learned. Reassure them that the test does not measure how smart they are, but rather how much they learned. Discuss the difference.

*In this case, the difference is that when students think that the tests measure how smart they are, they think the test is measuring their potential and that it shows if they are ever/always going to be smart. They do not understand that if a person learned a whole lot and worked very hard for a school year, his/her tests scores would increase quite a bit. The test merely measures if you learned what is ON THE TEST – not how smart a person is.*

**Discussion or Journal:** Ask students – “Have you ever felt like a test defined you? That a test told you if you were a smart person or not? What test was it? Explain.” “Does it feel different to think about a test as an opportunity to find out where you have room to grow? How is it different from how you usually think of tests?”